

Trainer

Jeff Hickey is the Director of the Chicago Center for Emotionally Focused Therapy and a Certified EFT trainer and supervisor. In addition to providing EFT trainings around the country, he maintains a private practice where he specializes in couple and sex therapy. Jeff is a graduate of the Loyola University School of Social Work and the Family Institute's postgraduate program in couple and family therapy.



MN Couple Therapy Center

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MN Couple Therapy
Center and
University of
Minnesota
Department of
Family Social
Science

Presents:
Externship in
Emotionally
Focused
Couples
Therapy

November 1st – 4th,
2017

Presented by Jeff
Hickey, MA, LCSW,
CST

Workshop Overview

This 28-hour externship will be held Wednesday through Saturday, November 1-4, 2017 in St. Paul, MN. We will meet daily, Wednesday through Saturday. Morning sessions (9am to 12:30am) will focus on a review of the theory and practice of EFT. Following a lunch break, afternoon sessions (1:30pm to 5pm) will focus on application, demonstration and, and practical exercises. Participants are on their own for lunch, there are several restaurants nearby. This externship is officially offered in conjunction with Dr. Susan Johnson and the International Centre for Excellence in Emotionally Focused Therapy (ICEEFT). This externship fulfills the initial training requirement for certification in Emotionally Focused Therapy (EFT) for couples.

Workshop Schedule

Day 1: Introduction/overview to EFT, the nature of couple distress, a theory of change: emotion and attachment, EFT interventions, demonstrations and exercises.

Day 2: Assessment in EFT work, Steps 1-4 of the change process, demonstration, and exercises leading to de-escalation.

Day 3: Description and practice of steps 5-7 of the change process, developing Withdrawer Re-engagement process.

Day 4: Blamer Softening, EFT steps 8&9: Consolidation, Learning EFT.

Prerequisites:

- 1) You must have completed a degree in a counseling related field or be enrolled in one currently.
- 2) Prior to attending the externship you must have read "Creating Connection" by Dr. Sue Johnson, 2004 edition.

Questions? Email
kwical@mncoupletherapycenter

2017 EFT Externship Registration Form

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

E-Mail: _____

Cost:

- Professional: \$875
- LAMFT: \$775
- Student: \$675

Extra Early Bird Rate--Until August 23rd
(\$125 off full price)

Early Bird Rate--Until September 20th
(\$75 off full price)

A fee of \$200 will be charged for late cancellations after October 18th. No refunds after October 25th.

Sign up to attend!

Mail this form with payment to:

MN Couple Therapy Center
1611 County Rd B West, Suite 104,
Roseville, MN 55113
or **e-mail**

kwical@mncoupletherapycenter.com
or **call** 651-340-4597 to register and pay
by credit card over the phone.